

# Congratulations! You Have a Parenting Plan!

By signing your parenting plan, you are making a commitment to follow it.

## Next Steps

- Keep your parenting plan just between you and the other parent as a way to show your commitment to your children.
- Give a copy of your signed parenting plan to the Division of Child Support to use for calculating your child support order.
- Make your plan enforceable by filing a legal action to include the plan in a court judgment.

## Make Your Parenting Plan Enforceable

A court can force a parent to obey a parenting plan only if it is part of a signed court judgment (order).

**If you don't yet have a custody or divorce case,** you can start a case with forms provided by the court. Go to this website for more information: [courts.oregon.gov/OJD/OSCA/cpsd/courtimprovement/familylaw](https://courts.oregon.gov/OJD/OSCA/cpsd/courtimprovement/familylaw)

**If you have an open custody or divorce case,** you can have your parenting plan included in the judgment (order) by:

- Taking a copy of the parenting plan to your attorney, **or**
- Attaching the signed parenting plan to the proposed judgment you file to finish your case, **or**
- Bringing the signed parenting plan to the hearing for your case and asking the judge to include it with the judgment that finishes your case.

**If you already have finished your custody judgment or divorce decree,** you will need to file a motion to modify the judgment. Go to the website above for more information.



Before proceeding, consider hiring an attorney. It is always a good idea to consult with an attorney and get legal advice before you file a court case. Attorneys can also review your court documents if you decide to file on your own.

## Legal Resources

- Oregon State Bar Lawyer Referral Program and Modest Means program: 1-800-452-7636
- Family Law Resource Lists by County: [oregonchildsupport.gov/legal](https://oregonchildsupport.gov/legal)

If you do not have an attorney, you may be able to contact a court facilitator in the family law department. Court facilitators may be able to review your court documents for completeness. Court facilitators cannot give legal advice.



Oregon Department of Justice

**Oregon Child Support Program**

Supporting Parents to Support Children