

Studies have shown that parental involvement affects children in the following ways:

- More cognitively competent at six months and score higher on the Bayley Scales of Infant Development
- Being better problem solvers as toddlers
- Better academic achievement
- Better quantitative and verbal skills
- Higher grade point averages
- Higher achievement test scores
- Better grades
- Higher IQ's
- More positive attitudes toward school
- More likely to participate in extracurricular activities and graduate
- Less likely to fail a grade, have poor attendance, be suspended or expelled
- Higher levels of economic and educational achievement, career success, occupational competency, and psychological well-being
- Less likely to experience depression, emotional distress, anxiety symptoms, neuroticism or conduct problems
- Greater tolerance for stress and frustration
- Have superior problem solving and adaptive skills
- Better able to manage their emotions and impulses in an appropriate manner
- Higher self-esteem
- Better sense of social competence, social initiative, social maturity, and capacity for relatedness with others
- More likely to have positive peer relations and be popular and well-liked
- More likely to grow up to be tolerant and understanding, be well-socialized and successful adults
- Have supportive social networks consisting of long-term close friendships, and adjust well to college both personally and socially.
- More likely to have long term, successful marriages and less likely to divorce
- Less likely to engage in delinquent behavior or use drugs/alcohol
- Reduced risk of engaging in risky behaviors
- Reduced bullying behavior and provides a buffering effect for children that protect them from extreme victimization
- Much less likely to go to jail or become unwed parents
- More likely to delay gratification, have better impulse control over anger and sexual gratification and have a stronger sense of right and wrong

- Less likely to develop disruptive or anxiety disorders, have conduct problems, suffer from psychological disorders, or commit suicide
- Less likely to be involved in early sexual activity or get pregnant